Taking Thoughts Captive

(Abbreviated Version)

1. What happened and what was your response? (actions & thoughts)

2. What is the basic thinking that needs change or addition?

3. What is God's truth on this subject(s)? (Write out verses from your study or the counsel of others concerning God's character, promises, or precepts.)

Continue on back.
Confess any sinful thinking or actions.

4. What is a concise prayer/thought you will pray/think the next time the original thought arises? (BEGIN AND END WITH THANKSGIVING based on truth and promises. You can also make a request.)

5. What is any action you need to take considering your circumstance or thinking?

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